

GREENS

Texas Fried Chicken Salad...10.95 *Small Texas Salad...9.95*

Crisp Greens, golden fried chicken, pecans, corn and bell peppers.

Cajun Chicken Salad...10.95 *Small Cajun Salad...9.95*

Spicy chunks of chicken over baby greens with black olives, artichoke hearts, green onions and tomatoes.

Arbor Cobb Salad...11.25 *Small Cobb Salad...10.25*

Traditional Cobb salad; turkey, avocado, crisp bacon, chopped egg, tomato & blue cheese crumbles over baby greens.

Classic Wedge Salad...8.95

A blast from the past! Ice cold, crisp wedge of iceberg lettuce crumbled blue cheese, diced tomatoes topped with candied pecans.

Caesars

Caesar Salad...9.25 *Blackened Salmon Caesar...12.95*

Shrimp Caesar...12.95 *Southwestern Chicken...10.95*

Cold, crisp romaine lettuce tossed with our classic Caesar dressing, grated parmesan cheese and herb seasoned croutons.

Small Caesar...8.25 *Small Southwestern Chicken Caesar...9.95*

Maxine's Tuna Salad...8.95 *Small Tuna Salad...8.45*

Mom's version of the classic tuna salad; albacore tuna, celery, green onions and sweet pickle relish. Served over baby greens with tomatoes.

Oriental Chicken Salad...10.95

Oriental sesame dressing, sliced chicken breast, chow mein noodles, almonds, snow peas, corn, green onions and mandarin oranges.

Salmon Greek Salad...12.95

Grilled salmon fillet on an icy bed of lettuce with kalamata olives, feta cheese, tomatoes, red onions and cucumbers. Served with Greek dressing.

All Salads served with hot apple fritters, and Shenandoah rolls

We reserve the right to refuse service to anyone. Corkage fee \$12.00 18% gratuity added to parties of 8 or more.
A service charge will be added to all outside food brought on premises.

Add a small salad or cup of soup...\$2.95

SANDWICHES

Choose French fries, creole coleslaw, fresh fruit, or Miss Pearl's Pinto Beans

San Antonio Grilled Chicken Sandwich...9.50

Spicy Southwestern Chicken breast, lettuce tomatoes, red onion, Ortega chile and chipotle mayonnaise on a warm bun with jack cheese.

Oven Roasted Turkey Sandwich...9.50

Oven roasted turkey breast, Muenster cheese, lettuce, tomatoes, red onion, herbed mayonnaise and a tangy cranberry mustard served on whole grain bread.

BLT's

Southern BLT...9.75

Fried Green Tomatoes, applewood smoked bacon, lettuce, remoulade and herbed mayonnaise served on whole grain.

Applewood smoked BLOT...9.25

Crispy, applewood smoked bacon, green leaf lettuce, ripe tomatoes, red onion and a touch of herbed mayonnaise.

Chicken Cashew Croissant Sandwich...9.95

Diced chicken breast, celery, cranberries & cashews with sprouts and lettuce.

Nature's Best Veggie Sandwich...8.95

Fresh cucumbers, tomato, green leaf lettuce, mushrooms, sprouts, avocado and cream cheese.

MELTS

Tuna Melt...9.75

Maxine's Tuna Salad on grilled sourdough with muenster cheese & sliced tomatoes.

Turkey Melt...9.75

Sliced turkey breast on grilled whole grain bread with jack cheese cheddar cheese & sliced tomatoes.

Shenandoah Cheese Burger...9.75

Served with American Cheese, lettuce, tomato and herbed mayonnaise on a grilled bun. Onions on request. Daily Burger Special available...Ask your server!!

Southwestern Grilled Cheese Sandwich...8.95

Pepperjack, swiss, and american cheese on grilled sour dough with ortega chilies & sliced tomatoes. Served with a cup of soup. (does not include above choice of side)

SHENANDOAH SPECIALTIES

Add a small salad or cup of soup...\$2.95

Galveston Pasta...11.95

Penne, chicken, & Andouille sausage, in a jalapeno tequila cream sauce.

BBQ Quesadilla...8.95

Large flour tortilla filled with chicken, jack and cheddar, red onion, Chipotle bbq sauce and fresh cilantro. Served with fresh pico de gallo and sour cream. Avocado on top!

Hot Turkey Sandwich...9.25

Thin slices of roasted turkey served open face on sourdough bread with mashed potatoes, turkey gravy, & cranberry sauce.

Fresh Pasta...8.95

Penne pasta, fresh tomatoes, fresh basil, lots of garlic and olive oil. And a touch of parmesan cheese...fantastic lunch!!

Chicken and Andouille Sausage. Gumbo...9.95

Traditional New Orleans style gumbo with tender chunks of chicken and spicy Andouille sausage. *Seafood Gumbo...10.95*

The following specialties are served with your choice of mashed potatoes and gravy, French fries, coleslaw, pinto beans or fresh fruit.

Granny's Fried Chicken...9.95

A boneless breast deep-fried to a golden brown.

Rattlesnake Ribeye...12.95

An open faced steak sandwich with a 6 oz. Ribeye steak on grilled sourdough, topped with our famous southwestern Cabo sauce. "Slightly spicy!"

Bacon & Hazelnut Crusted Alaskan Halibut...Daily Quote

Alaskan Halibut with a Hazelnut and bacon crust served with a wonderful Citrus beurre blanc.

Daily Fresh Catch...Daily Quote

With artichoke hearts & mushrooms that are sautéed in a tangy lemon butter sauce.

San Francisco Style Fish...Daily Quote

Marinated in Soy sauce, Dijon, olive oil, lemon & garlic, then charbroiled. Delicious!

Sand Dabs...14.95

Delicate sand dab fillets sautéed in a garlic brown butter sauce served with garlic mashed potatoes!



APPETIZERS

Shrimp Cabo...11.45

Five large shrimp served with a spicy jalapeno cream sauce.

Rick's Sautéed Mushrooms...8.95

If you like sautéed mushrooms, you will LOVE these.

Sautéed Artichoke Hearts...9.25

Artichoke hearts, white wine, scallions, garlic.

Southwestern Crab Cakes...11.95

Served with a spicy tomato cream sauce.

SALADS, SOUPS & COMBOS

Soup and Salad Combo...8.95

Bowl of homestyle soup and our Arbor garden salad.

Soup and 1/2 Sandwich...9.25

Choose from Maxine's Tuna Salad, Oven Roasted Turkey, or Nature's Best Veggie Sandwich, with a cup of soup.

Soup of the Day Cup...3.95 Bowl...4.95

Our soups are made from the freshest ingredients possible.

Arbor Garden Salad...5.95

Fresh greens, carrots, tomato, cucumber, onions and broccoli.

TEXAS ICED TEA

Fresh brewed iced tea sweetened with our special minted sugar syrup

\$2.95

VOSS SPARKLING WATER

Considered one of the purest waters in the world.

\$3.50

COFFEE, & HOT TEA

Brewed fresh throughout the day!

\$2.75

REPUBLIC OF TEA...GINGER PEACH, ACAI BERRY RED TEA, PASSION FRUIT GREEN TEA, RASPBERRY QUINCE

Bottled Tea, very refreshing...unsweetened.

\$3.75

OTHER BEVERAGES

Pepsi, Diet Pepsi, Sierra Mist, Pink Lemonade, Iced Tea

\$2.75

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18% gratuity added to parties of 8 or more. EatattheArbor@aol.com www.ShenandoahattheArbor.com